

Women's Day marked by celebrations



(Teaching & non-teaching ladies staff posed with Polytechnic girls on the occasion of Women's Day)

International Women's Day is a global celebration of the social, cultural, educational and economic achievements of women. It is celebrated annually on March 8th. As usual Yashwantrao Bhonsale Polytechnic this year too has celebrated Women's Day with lot of vigor and enthusiasm.

In this age of competition, maintaining physical and mental health is very important. So Yoga class was arranged in the morning session for Polytechnic girls and teachers. During this class Maya Chavan, a Yoga expert shared very useful tips for day to day exercise.

A group of girls dressed traditionally played roles of eminent women characters. They acted like Seeta, Mandodari, Draupadi, Ahilya etc. from ancient times. They also performed inspirational characters like Jijamata, Zansi ki Rani, Indira Gandhi, Miltali Raj & Nirmala Sitaraman from modern era too. All participant girls received a huge round of applause for their spectacular performance.

In the afternoon session Dr.Madhuri Prabhudesai & Dr.Uma Prabhudesai conducted a lecture on puberty. They explained the physical and mental changes occur in this transitional phase of womanhood and advised how to cope up with them.

In the concluding ceremony non-teaching ladies staff was felicitated at the hands of all dignitaries. All women were honored with various gift articles. Executive Chairman Achyut Sawantbhonsale, Chairperson Adv.Asmita Sawantbhonsale, Secretary Sanjeev Desai, and Administrative coordinator Sunetra Phatak were present on the occasion. Sarita Sandye and Namita Sawant anchored the program and Rashmi Mahabal proposed vote of thanks.